



PETER BIRTWISTLE TRUST

SPRING NEWSLETTER 2024



'Spring will come and so will happiness. Hold on. Life will get warmer'. Anita Krizzan.



DAB & CHAT

The Dab & Chat dates are Wednesdays 15th May, 29th May, 12th June, 26th June, 10th July and 24th July, 1pm to 3pm. Bingo and a brew, meet your neighbours, bring a friend.

SCAMS ALERT!

Residents have reported someone telephoning asking if they have a lifeline alarm and trying to sell them one. Please do not give any details over the phone. Ask them to contact the office or just hang up.

You can also ring the Citizens Advice Consumer Helpline Telephone: 0808 223 1133 Monday to Friday, 8am to 6pm - except on public holidays. Calls are free from mobiles and landlines to speak to someone about this scam or scams in general.

LIFELINE ALARM



Some residents have a lifeline alarm fitted in their property. If you have an alarm, you will also have been given a pendant to wear. The alarm is to be used in an emergency, it connects you to a call centre who can call an ambulance or contact your next of kin or contact an emergency contractor. They can also send out an EMERGENCY RESPONDER to help you up if you have fallen but **don't** need an ambulance.

If you don't have an alarm fitted you can still access the service by calling
01772 678944.

GARDENS AND GROUNDS

New Gardeners – we have a new gardening contractor 'Callum Choyce' who is cutting the grass at Standroyd Bungalows. We also have a new gardener starting soon, covering The Fold and The Close. Any problems or issues please contact the office directly.



Pots and Ornaments – we have noticed an increase in the number of pots and ornaments in and around the communal grounds. Please ensure you do not obstruct the mowing or strimming of the grounds with your pots or ornaments. The gardeners cannot move your items, nor will they be liable for damage to items within their normal gardening duties.

RATS

We are still experiencing an issue with rats, particularly on Peter Birtwistle Close. Please avoid putting food out for the birds and **DO NOT** put any food on the floor and ensure any rubbish is put in the correct bin.



COMPLAINTS POLICY - Complaints Procedure

The trust has recently updated their complaints policy in line with the requirements from the Regulator of Social Housing. You may request a copy of the full policy or a summary of the policy at any time by telephone, email or in person, TEL: 01282 864233, EMAIL: peterbirtwistletrust@btconnect.com

The Complaints Officer is – Joanne McIvor. The Appeals Officer is – Alison Evans



‘Hope and Optimism in Grief’ By a Peter Birtwistle Trust Resident.

As in a lot of people’s experience, grief often starts before the actual loss of your loved one occurs.

Grief is unique to everyone but there are thoughts and feelings experienced that many share. In my own situation I had the feeling of sadness, loss, despair and no prospect for a future being in my seventies, the loneliness, feeling of being inadequate and not mattering in society.

However, this self-pity gradually subsides, and one realises that a positive attitude is required. I decided that I needed to be more active and in a small degree started helping people in a practical way and got involved in the Peter Birtwistle Community Centre activities.

This is where I met other people who had gone through or were going through similar experiences. This led to a happy outcome and a future, not only for myself but for the lady that came into my life.

Putting yourself out there, meeting other people, does help and who knows?

Yours, the Perpetual Optimist.

FOR SALE

Electric Mobility Scooter – only used 4 times – Cost £2,000 Selling for £1,200
Please contact the office if interested.